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T-LEVELS
THE NEXT LEVEL QUALIFICATION

Pressure sores

Name

Date

Today

01 What are pressure sores?

02 E Learning

03 Waterlow Assessment

04 Questions

Pressure sores

Pressure ulcers (also known as pressure sores or bedsores) are injuries to the skin and underlying tissue, primarily caused by prolonged pressure on the skin.

They can happen to anyone, but usually affect people confined to bed or who sit in a chair or wheelchair for long periods of time.

Pressure Sore E Learning

We will work together on this E Learning module (and laugh together at the cheesiness of it!)

https://www.learningnurse.org/ecourses/pressulcers/intro/story.html

https://www.learningnurse.org/ecourses/pressulcers/mod21/story.html

https://www.learningnurse.org/ecourses/pressulcers/mod22/story.html

Check your Learning…..

https://www.learningnurse.org/ecourses/pressulcers/whatisit1/story.html

Complete the Quiz!

The Waterlow Risk Assessment

Judith Amy Waterlow. English nurse and educator

Judy Waterlow created the Waterlow Pressure Ulcer Risk Assessment/Policy in 1985, and updated it in 2005. The Waterlow risk assessment is used by many NHS hospitals as well as all over the world. Judy Waterlow received an MBE for her services to health. She managed to achieve this even though she had crippling Rheumatoid Arthritis from the age of 32 years.

The Waterlow Assessment Chart Game!

You all have a set of cards and the Waterlow Assessment Score Card and Treatment Cards

Turn over cards until you have a ‘score’ in every category and calculate the overall risk factor and treatment

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NAME SURNAME
Email

Thank you
Any questions?

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PRODUCED BY

HS DC HAVANT & SOUTH DOWNS COLLEGE

Havant and South Downs College has produced this resource on behalf of the Education and Training Foundation

FUNDED BY

Department for Education

This programme is funded by the Department for Education

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